

You are the only person you will never leave or lose, so you must have a good relationship with yourself.



It takes 72 muscles to frown and only 14 to smile.



I hear and I forget.
I see and I remember.



I do and I understand.

"The best and most beautiful things in this world cannot be seen or even touched. They must be felt in the heart."

~Helen Keller



The grand essentials to happiness in this life are something to do, something to love, and something to hope for.



It's nice to be important,



but it's more important to be nice.



It's not so much that every child be taught, as that every child be given the desire to learn.

Children are like wet cement.

Whatever falls on them makes a lasting impression.

