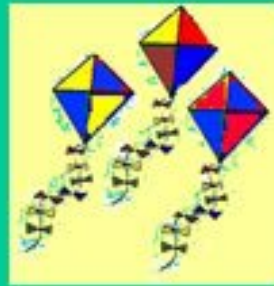


March Monthly Music Mix



Dr. Jean Feldman

March

Good Morning Song

Kiss Your Brain!

(Kiss Your Brain CD)

Chorus:

Kiss your brain! Kiss your brain! (Kiss fingertips and then touch your head.)

It's something you can do.

Kiss your brain! Kiss your brain!

When you feel proud of you!

You've done something you've never done before,

You're feeling good about it.

You are thinking, "Good job, me!"

And you want to shout it. So...

Chorus

You wrote a book all by yourself.

You learned on the computer.

You played checkers with your mom,

And you beat her! So...

Chorus

You can kiss your brain 'cause you feel good.

You can kiss your brain 'cause you're smart.

You can kiss your brain 'cause you're learning.

You can kiss your brain with a happy heart! So...

Chorus

Transition/Management

Scrub a Dub

(All Day Long CD)

Scrub a dub, rub, rub, a scrub a dub. (Pretend to wash your hands as you sing.)

Scrub a dub, rub, rub, a scrub a dub.

Germs go down the drain,

And that's not a shame.

Wash the dirt away,

Get hands clean today.

Soap them up real good,

Rinse them like you should.

And healthy you'll be!

Calendar Song

Days of the Week, Oh-Oh!
(Totally Math CD)

The days of the week, oh-oh, (Sway to the beat as you sing.)
How fast they go!
The days of the week, oh-oh,
And did you know—

Chorus:

There's Sunday and Monday, and Tuesday, (Hold up a finger as you say each day.

Wednesday, and Thursday.
for the days.

Or, you can use sign language

The last day of school is Friday.
days.)

Visit aslpro.com to see how to sign

By Saturday I'm feelin' okay!

The days of the week, oh-oh
Come on and say them with me.
The days of the week, oh-oh
It's easy you see.

Chorus

The days of the week, oh-oh,
How fast they go!
The days of the week, oh-oh,
And now you know!

Chorus

Math Songs

Hickory Dickory Dock

(Traditional Tune – Sing to Learn CD)

Hickory dickory dock. (Fold hands and tick tock back and forth.)
The mouse ran up the clock. (Run fingers up in the air over head.)
The clock struck one, (Clap one time.)
The mouse ran down. (Run fingers down.)
Hickory dickory dock.

Two – “Yahoo!” (Continue doing the movements above,
Three – “Whopee!” clapping the appropriate number of times.)
Four – “Do more!”
Five – “Let’s jive!”
Six – “Fiddlesticks!”
Seven – “Oh, heavens!”
Eight – “Life’s great!”
Nine – “So fine!”
Ten – “We’re near the end.”
Eleven – “We’re sizzlin’.”
Twelve – “I’m proud of myself.”

Clock Rock!
(Totally Math CD)

One, two, three o'clock, four o'clock rock, (Hold up fingers.)
five, six, seven o'clock, eight o'clock rock,
Nine, ten, eleven o'clock, twelve o'clock rock,
We're gonna rock around the clock today!

Well the small hand tells the hour for you, (Snap fingers to the beat.)
And the big hand tells the minutes too.
When you put them together what have you got?
You've got the time and that's a lot—
And we can rock, rock, rock around the clock all day!

When the small hand's pointing at the eight,
And the big hand's on the twelve up straight,
Then it's eight o'clock, time to start
The school day right; we'll work so hard.
We're gonna rock, gonna rock around the clock today.

When the small hand's pointing to the ten
And the big hand's on the twelve again,
Then it's ten o'clock; there's so much to do
Like reading, math, and writing, too.
We're gonna rock, gonna rock around the clock today.

When the small hand's pointing to the twelve,
And the big hand's on the twelve as well,
Then it's twelve o'clock and time for lunch,
So grab your friends and something to munch.
We're gonna rock, gonna rock around the clock today.

When the small hand's pointing at the three,
And the big hand's on the twelve you see,
Then it's three o'clock and the school day's done;
We've worked so hard, and we've had fun.
Because we've rocked, we've rocked around the clock today.

Activities: Demonstrate the time as you sing with a toy clock.
Let children make paper plate clocks and move the arms as you sing.

Phonics Song

Phon-ercise

(Sing to Learn CD)

All right, everybody. Time to phon-ercise.
Put your hands in the air and say the letter.
Touch your shoulders and make the letter sound.
Touch the ground and name a word that begins
with that sound.

A (Hands in the air.)
/a/ (Touch shoulders as you say /a/.)
Alligator (Touch your toes as you say, "Alligator.")
B - /b/ - ball
Cat – duck – egg – fish – girl –
House – iguana – jelly – king –
Lion – mouse – nest – octopus –
Pig – queen – ring – sun – top –
Umbrella – vest – wagon – x-ray
Yoyo – zipper

Vowel Cheer

(Kiss Your Brain CD)

Give me a long A - /a/ (Move hand horizontally in front of you like long vowel mark.)

Give me a short A - /a/ (Make a curve like the short vowel mark in front of you.)

Give me a long E...I...O...U...

Now let's do the vowel beat.

Clap your hands and stomp your feet. (Clap hands and stomp feet.)

Long A - /a/, Short A - /a/

Raise your arms high and swing them down low. (Swing arms.)

The E vowel sound is the way to go.

Long E - /e/, Short E - /e/

Hop 2 steps up and 2 steps back. (Step forwards and the backwards.)

With the I vowel, you're right on track.

Long I - /i/, Short I - /i/

Step to the left, step to the right. (Step to the left and then the right.)

The O vowel sound is out of sight.

Long O - /o/, Short O - /o/

Shout it out loud and whisper it low. (Shout and then whisper.)

Just the U vowel sound to go.

Long U - /u/, Short U - /u/

Now give high five to a nearby friend. (Children give high five to each other.)

The vowel beat has come to an end.

Yeah! Vowels! (Cheer with arms in the air.)

Science/Social Studies

Eight Great Planets

(Going Green CD)

I bought a Mercury (Hold up your fingers one by one as you name the planets.)
to visit friends on Venus,
But how on Earth can I ever get to Mars?
Jumping Jupiter!
Saturn's party is Saturday.
Uranus and Neptune will ride in a space car.

Oh, dear, oh, my, (Put your hands on the sides of your head and
The planets in the sky. move your head back and forth.)
You can learn them all in order.
Come on now and try.

I bought a....

This rhyme's been fun.
Now come on everyone.
Say the planets all in order
From our star the sun.

Mercury, Venus, Earth, Mars,
Jupiter, Saturn, Uranus, Neptune.

Insects

(Tune: "Head, Shoulders, Knees, and Toes" – Kiss Your Brain CD)

Head (point to head)
Thorax (point to chest)
Abdomen – abdomen! (point to stomach)
Head, thorax, abdomen – abdomen!
And eyes (point to eyes)
And mouth (point to mouth)
And antennae, two (stick 2 fingers up)
Six legs (wiggle 3 fingers on each hand)
And there's an insect for you!
(Leave off a verse each time you sing and hum.)

Wiggle and Have FUN Songs

Ride That Pony

(Is Everybody Happy CD)

Ride, ride, ride that pony, (Children get a partner and)
Get up and ride that big, black pony. clap and bounce up and down.)
Ride, ride, ride that pony.
This is what they told me.
Front, front, front, my baby. (clap hands in air)
Side, to side, to side, my baby. (bump hips)
Back, back, back, my baby, (touch backs)
This is what they told me. (find a new partner)

I've Been Working on the Railroad

(Traditional Tune – Nursery Rhyme CD)

I've been working on the railroad (Pretend to hold hammer and pound.)
All the live long day.
I've been working on the railroad
Just to pass the time away.
Don't you hear the whistle blowing?
Rise up so early in the morn.
Don't you hear the captain shouting,
"Dinah, blow your horn." (Pretend to pull on a horn.)
Dinah, won't you blow,
Dinah, won't you blow,
Dinah, won't you blow your horn?
Dinah, won't you blow,
Dinah, won't you blow,
Dinah, won't you blow your horn?
Someone's in the kitchen with Dinah. (Point towards door.)
Someone's in the kitchen I know.
Someone's in the kitchen with Dinah,
Strumming on the old banjo.
They're playing, (Pretend to play a banjo.)
Fee – fi – fiddlee – i – o.
Fee – fi – fiddlee – i – o.
Fee – fi – fiddlee – i – o.
Strumming on the old banjo.

Seasonal Songs

Five Little Kites

(Happy Everything CD)

One, two, three, four, five little kites (Hold up your fingers as you count.)
Flying up in the sky.
Said "hi" to the clouds as they passed by (Look up in the air and wave.)
Said "hi" to the birds, said "hi" to the sun, (Wave.)
Said "hi" to the airplanes, oh what fun. (Wave.)
Then "swish" went the wind, and they all took a dive. (Swoop hand.)
One, two, three, four, five. (Put down fingers as you count backwards.)

St Patrick's Day! March 17th

(Tune: "Molly Malone" – Happy Everything CD)

On the 17th of March
About when spring starts
The lassies and leprechauns
Come out to play.
We'll find four-leafed clovers
And wear green all over
And that's how we'll celebrate
St. Patrick's Day!
The legends of old
Say there're pots of gold
A' sparkling and shining
At each rainbow's end.
The leprechauns know
Right where to go
So if you see a leprechaun
Make him your friend!

Birdies

(Happy Everything CD)

Way up in the sky

The big birdies fly. (Put hands in armpits and flap like a bird.)

Way down in the nest (Cup hands to make a nest.)

The little birds rest.

With a wing on the left, (Wiggle left arm.)

And a wing on the right. (Wiggle right arm.)

The little birds sleep (Put head on palms and close eyes.)

All through the night.

SHHHHHH! (Put index finger on lips.)

DON'T WAKE UP THE BIRDIES! (Say with a loud voice and shake hands.)

Then up comes the sun, (Circle hands over your head.)

The dew falls away. (Push palms down towards the ground.)

Good morning! Good morning! (Throw arms up in the air.)

The little birds say.

Good-Bye Song

We Had a Good Day

(Tune: "La Cucaracha" – Kiss Your Brain CD)

We had a good day, we had a great day. (Stand and sway from left to right.)

So pat yourself on the back. (Pat yourself on your back.)

We had a good day, we had a great day.

So pat yourself on the back.

We thought a lot today (Put one finger in the air and twirl around.)

We learned in many ways,

So kiss your brain. (Kiss fingertips and then touch head.)

We thought a lot today, we learned in many ways,

So kiss your brain.

It's time to say so long and end with a song. (Wave both hands.)

Wave good-bye to your friends.

It's time to say so long and end with a song.

Wave good-bye to your friends.