

# January Monthly Music Mix



**Dr. Jean Feldman**

# January

## *Good Morning Song*

### If You're Happy and You Know It

(Tune: "If You're Happy and You Know It" – Is Everybody Happy CD)

If you're happy and you know it, clap your hands. (clap-clap)  
If you're happy and you know it, clap your hands. (clap-clap)  
If you're happy and you know it, then your face will surely show it.  
If you're happy and you know it, clap your hands. (clap-clap)

If you're happy and you know it, hug yourself... (hug self)

If you're happy and you know it, kiss your brain... (kiss fingers  
& touch head)  
If you're happy and you know it, wiggle all over... (wiggle)

If you're happy and you know it, shout, "Hoorah!"...(put hand in  
air & shout)

If you're happy and you know it, do them all... (do all 5 motions)

## *Transition/Management*

### Magic Words

(All Day Long CD)

There are two little magic words  
That will open any door with ease.  
One little word is, "Thanks!"  
And the other little word is, "Please!"

When you'd like to ask for someone's help,  
And you're not sure where to begin.  
"Please" will start you off,  
and "thanks" comes at the end.

## *Calendar Song*

### Ring in the New Year

(Tune: "We Wish You a Merry Christmas" – Happy Everything CD)

Let's all do a little ringing, (Pretend to ring some bells.)  
Let's all do a little ringing,  
Let's all do a little ringing  
It's a Happy New Year!  
Let's all do a little clapping...(Clap hands.)  
Let's all do a little dancing... (Dance around.)  
Let's all do a little smiling... (Smile.)  
When is your birthday?  
When is your birthday?  
When is your birthday?  
Stand up and cheer.  
Say months of the year.  
January, February, March...(Children stand when their birthday month is said.)  
Let's all be a little kinder...  
For a Happy New Year!

## *Math Songs*

### Zero the Hero Number Stomp

(Tune: "Chiquita Banana" – Just for FUN CD)

I am Zero the Hero and I'm here to say, (Hands on hips and wiggle to the beat.)  
I love to do numbers every 10<sup>th</sup> day.  
When we make sets of ten we'll stomp the ground.  
And when we reach 100, we'll sit back down!

1, 2, 3, 4, 5, 6, 7, 8, 9, 10 (Stomp!).  
Let's count another ten.  
11, 12, 13, 14, 15, 16, 17, 18, 19, 20 (Stomp!)  
Two tens, let's go some more...  
Three tens, you're catching on.  
Four tens, you're doing fine.  
Five tens, you're half way there.  
Six tens, you're on a roll.  
Seven tens, what a cool game.  
Eight tens, you're doing great.  
Nine tens, we're near the end.  
Ten tens is 100, now it's time to sit down!

### Addition Pokey

(Tune: Hokey Pokey – Totally Math CD)

Put 1 finger in. (Hold up finger on right hand.)  
Put 1 finger more. (Hold up 1 finger on left hand.)  
Shake them altogether (Roll around.)  
And then lay them on the floor. (Place on floor or table.)  
Add them both together, (Bring hands together.)  
And you don't want to stall.  
Now you have 2 in all.

2 fingers...3 fingers...4 fingers...5 fingers

### *Phonics Song*

#### The Alphabet in My Mouth

(Tune: "He's Got the Whole World in His Hands" – Kiss Your Brain CD)

I've got the whole alphabet in my mouth, (Point to your mouth.)  
I've got the whole alphabet in my mouth.  
I've got the whole alphabet in my mouth  
and I can read!

I've got A - /a/ /a/ in my mouth (Make sign language letters as you sing.)  
I've got B - /b/ /b/ in my mouth  
I've got C - /c/ /c/ in my mouth  
And I can read!

Etc.

I've got all the sounds in my mouth, And I'm ready to read!

Word Families

(Tune: "BINGO" – Totally Reading CD)

There's a word family you should know

And "at" is its name-o.

M – a – t, mat  
sing.)

(Write words on a chart and point to them as you

H – a – t, hat

C – a – t, cat

They end in "at" you know.

Fun Run Sun

Pet Jet Set

Hop Top Pop

Sit Fit Wit

Day Say Way

Cut Hut Nut

Look Cook Book

Fill Hill Will

## *Science/Social Studies*

### I Know a Scientist

(Tune: "I Had a Little Turtle" – Going Green CD)

I know a scientist, (Hold up index finger.)  
And you can be one, too! (Point with index finger.)  
Here's the scientific method  
So you'll know what to do.

First you find a question. (Hold up one finger.)  
Just take a look around. (Pretend to look around.)  
What is it that you want to know?  
Now you write it down.

Next you make a guess— (Hold up two fingers.)  
It's called a hypothesis—  
About what will happen  
When you do your tests.

Now experiment, (Hold up three fingers)  
Observe it, write it, too. (Hold up four fingers.)  
You'll need lots of data  
To show your guess is true.

Draw your conclusions. (Hold up five fingers.)  
Look into any doubts.  
Then tell everybody  
What you've found out!

## *Wiggle and Have FUN Songs*

### Couch Potato Pokey

(Traditional Tune – Is Everybody Happy CD)

You put your thumbs in.	(thumbs out in front)
You take your thumbs out.	(thumbs behind)
You put your thumbs in,	(thumbs in front)
And you wiggle them all about.	(wiggle thumbs)
You do the couch potato pokey,	(wave arms in air)
And you roll your arms around.	(roll hands over)
That's what it's all about!	(slap, clap, snap)

You put your noses in...  
You put your elbows in...  
You put your eyebrows in...  
You put your chins in...

You put your pinkies in...  
Give a microwave with your pinkies  
And say good-bye today,  
Cause that's all we're going to play!

### Button Factory

(Is Everybody Happy CD)

Hi! My name is Jean.  
I've got a dog and two kids  
And I work in a button factory.  
One day, my boss came to me and said,  
"Jean, are you busy?" I said, "No."  
"Then work with your right hand." (move right hand)

Then work with your left hand... (add left hand)  
Then work with your right foot... (add right foot)  
Then work with your left foot... (add left foot)  
Then work with your head... (nod head)  
Then work with your tongue... (wiggle tongue)  
I said, "YES!"

The Beaver Call  
(Silly Songs CD)

Chorus: F-f-f, f-f-f, f-f-f-f-f-f. (Make hands like little paws and open and close to the beat.)

Beavers one, beavers all,  
Do a little beaver call. (Chorus)

Beavers two, beavers three, (Move hands up.)  
Let's chew up the beaver tree. (Chorus)

Beavers four, beaver five, (Pretend to dance with hands.)  
Do a little beaver jive. (Chorus)

Beaver six, beavers seven, (Wave hands in the air.)  
Let's fly up to beaver heaven. (Chorus)

Beavers eight, beavers nine, (Stick out arms like Frankenstein.)  
Do a little Frankenstein. (Chorus)

Beavers ten, beavers ten,  
Let's be beavers once again! (Chorus)

## *Seasonal Songs*

### I'm a Little Snowman

(Tune: "I'm a Little Teapot" – Happy Everything CD)

I'm a little snowman  
Short and fat. (Stretch arms in a circle.)  
Here is my broom and (Hold up right hand.)  
Here is my hat. (Touch head with left hand.)  
When the sun comes out  
I'll melt away. (Slowly slump to the ground as if melting.)  
But I'll be back another day!  
I'm a snow lady,  
White and round. (Stretch out arms in a circle.)  
In my hat and apron (Touch head and then waist.)  
I don't make a sound. (Index finger by lips.)  
When the sun comes out  
I'll melt away (Slowly slump to the ground.)  
But I'll be back another day!



Stand Up For Martin Luther King – 3<sup>rd</sup> Monday in January  
(Tune: “My Bonnie Lies over the Ocean” – Happy Everything CD)

Dr. King stood up for justice.  
He stood up for equality, too.  
Dr. King stood up for children.  
He stood up for me and for you.  
Chorus:     So now we...                   (Stand up and march on the chorus.)  
              Stand up, stand up,  
              Stand up for Martin Luther King.  
              Stand up, stand up,  
              Stand up for Dr. King.

Dr. King wanted all of America  
To be tolerant, fair, and free.  
He stood up for what he believed in.  
He stood up for you and for me. (Chorus)  
Dr King taught us all to be dreamers  
So one day the world could begin  
To judge people based on their character  
And not on the color of their skin. (Chorus)

Seasonal Wandering  
(Happy Everything CD)

I love to go wandering in the winter of the year.  
Now is on the ground and the air is crisp and clear.  
Tra la le, tra la la, tra la le, tra la la la la la la la.  
Tra la le, tra la la, it’s “mitten time” of year.  
I love to go wandering when it warms up in the spring.  
The flowers bloom, the trees bud, and the birds begin to sing.  
Tra la le, tra la la, tra la le, tra la la la la la la la.  
Tra la le, tra la la, it’s “mitten time” of year.  
I love to go wandering in the summer when it’s hot.  
I like to swim and ride my bike and play outside a lot.  
Tra la le, tra la la, tra la le, tra la la la la la la la.  
Tra la le, tra la la, it’s “mitten time” of year.  
I love to go wandering in the coolness of the fall.  
The leaves are changing colors and I like to play football.  
Tra la le, tra la la, tra la le, tra la la la la la la la.  
Tra la le, tra la la, it’s “mitten time” of year.

## *Good-Bye Song*

### What Did You Learn Today?

(All Day Long CD)

Hey, hey, what do you say? (Clap and snap to the beat.)

What did you learn in school today?

When the teacher points your way

What will you say?

*(Teacher points to children and they say what they learned.)*

Hey, hey, what do you say?

We all had a special day!

Now, turn to a friend and say

What you learned today.

*(Children share what they learned with friends.)*