

September Monthly Music Mix



Dr. Jean Feldman

September

Good Morning Song

Rise and Shine

(All Day Long CD)

Rise and shine, (Bend down, then rise and put arms in air.)

And welcome to school today. (Clap to the beat.)

Rise and shine, (Bend down, then rise and put arms in air.)

And welcome to school today. (Clap.)

Rise and shine, (Bend down, then rise and put arms in air.)

And welcome to school today. (Clap.)

We're so glad you're here! (Shake hands.)

A little louder... (Sing loud.)

A little softer... (Sing soft.)

Whisper version... (Whisper words.)

Transition/Management

Rules Rap

(Is Everybody Happy? CD)

Chorus:

The rules, the rules, the rules of the classroom. (Snap fingers.)

The rules, the rules, the rules of the classroom.

Follow, follow, follow directions,

(Point index fingers.)

Follow, follow, follow directions.

Chorus

Feet and hands, feet and hands,

(Point to feet and hands.)

Feet and hands to yourself.

Chorus

Small voices inside, tall voices on the playground.
voice.)

(Quiet voice, then loud

Small voices inside, tall voices on the playground.

Chorus

Work together, don't fight, or you'll get in trouble.
nose.)

(Clasp hands, then hold

Work together, don't fight, or you'll get in trouble.

Chorus

YEAH!

Calendar Song

Days of the Week, Oh-Oh!

The days of the week, oh-oh, (Sway to the beat as you sing.)

How fast they go!

The days of the week, oh-oh,

And did you know—

Chorus:

There's Sunday and Monday, and Tuesday, (Hold up a finger

Wednesday, and Thursday. as you say each day

The last day of school is Friday. or point to the words

By Saturday I'm feelin' okay! on a calendar.)

The days of the week, oh-oh

Come on and say them with me.

The days of the week, oh-oh

It's easy you see.

Chorus

The days of the week, oh-oh,

How fast they go!

The days of the week, oh-oh,

And now you know!

Chorus

Math Song

Over in the Meadow

(Traditional Tune – Silly Songs CD)

Over in the meadow in the sand and the sun

Lived an old mother froggie and her little froggie one. (Hold up 1 finger.)

"Hop," said the mother. "I hop," said the one. (Pretend to hop your finger around.)

So they hopped and were glad in the sand and the sun.

Over in the meadow where the stream runs blue

Lived an old mother fishie and her little fishies two. (Hold up 2 fingers.)

"Swim," said the mother. "We swim," said the two. (Pretend to swim fingers.)

So they swam and were glad where the stream runs blue.

Over in the meadow in the nest in the tree

Lived an old mother birdie and her little birdies three. (Hold up 3 fingers.)

"Fly," said the mother. "We fly," said the three. (Fly fingers over your head.)

So they flew and were glad in the nest in the tree.

Over in the meadow by the old apple core
Lived an old mother wormie and her little wormies four. (Hold up 4 fingers.)
“Squirm,” said the other. “We squirm,” said the four. (Wiggle fingers.)
So they squirmed and were glad by the old apple core.

Over in the meadow by the big bee hive
Lived an old mother bee and her baby bees five. (Hold up 5 fingers.)
“Buzz,” said the mother. “We buzz,” said the five. (Fly fingers in front of you.)
So they buzzed and were glad by the big bee hive.

The First Twelve Days of School

(Tune: “Twelve Days of Christmas” – Keep on Singing and Dancing CD)

On the first day of school (Hold up 1 finger.)
My teacher gave to me
A book of the ABC’s.

2nd – two new pencils (Hold up the appropriate number of fingers for each
verse.)

3rd – three color crayons

4th – four glue sticks

5th – five gold stars

6th – six pairs of scissors

7th – seven school boxes

8th – eight spiral notebooks

9th – nine wooden rulers

10th – ten magic markers

11th – eleven pink erasers

12th – twelve library books

Phonics Song

Nursery Rhyme Rap

(Tune: "100 Bottles of Beer on the Wall" – Dr. Jean & Friends CD)

Jack and Jill went up the hill (Clap hands to the beat.)
To fetch a pail of water.
Jack fell down and broke his crown,
And Jill came tumbling after.

Chorus: A B C D E F G (Cross over right hand to left knee
 H I J K L and then left hand to the right knee.)
 M N O P
 Q R S
 T U V W X Y Z

Continue singing other nursery rhymes with the chorus in between each verse.

Alphardy
(Sing to Learn CD)

A for apple a-a-a. (Pretend to eat an apple.)
B for bounce B-B-B. (Pretend to bounce a ball.)
C for cut c-c-c. (Open and close index and middle finger like scissors.)
D for dig d-d-d. (Pretend to dig.)
E – elbow (Point to elbow.)
F – fan (Fan self with hand.)
G – gallop (Gallop in place.)
H – hop (Hop on one foot.)
I – itch (Scratch self.)
J – jump (Jump up and down.)
K – kick (Give a little kick.)
L – love (Hug self.)
M – munch (Pretend to chew.)
N – nod (Shake head.)
O – opera (Extend arms and sing dramatically.)
Q – quiet (Put index finger on lips.)
R. – run (Run in place.)
S – sew (Pretend to sew with a needle.)
T – talk (Open and shut fingers and thumb.)
U – upside (Put head down.)
V – volley (Pretend to volley a ball.)
W – wiggle (Wiggle all over.)
X – x-ray (Make an “x” with arms.)
Y – yawn (Stretch arms and yawn.)
Z – zigzag (Make a zigzag in the air with your hand.)
Letter sounds are all you need.
Put them together and you can read! (Pretend to hold a book open.)

Science/Social Studies

Five Senses

(Tune: "Bingo" – Kiss Your Brain CD)

I have five senses that I use (Hold up 5 fingers.)
to help me learn each day.

See, hear, smell, taste, touch. (Point to eyes, ears, nose, mouth, and then hold
up hands.)

See, hear, smell, taste, touch.

See, hear, smell, taste, touch,

I use them every day.

My five senses help me learn,

They're pathways to my brain.

See, hear...

They're pathways to my brain.

Now, let's play a little game

How many senses can you name?

- - - -

- - - -

- - - -

Five senses you can name.

Wiggle and Have FUN Songs

Cool Bear Hunt (Silly Songs CD)

Chorus: We're going on a bear hunt. (Slap thighs.)
We're going to catch a big one, (Spread hands far apart.)
With big green eyes, (Make circles by your eyes.)
And a fuzzy little tail. (Put hands on back and wiggle.)

Look over there. (Point index fingers.)
It's a candy factory.
Can't go over it. (Raise your arms up.)
Can't go under it. (Put your hands down by the floor.)
Can't go around it. (Make arms in a circle.)
Guess we'll go through it. (Pretend to stuff candy in your mouth.)
Yum, yum, yum, yummmm. (Pat your tummy.)
Chorus

Look over there.
It's a peanut butter river... (Pretend to swim with arms.)

Look over there. (Wiggle all over.)
It's a Jell-o swamp...

Look over there.
It's a cave...
It's cold in here. (Shiver.)
I see two big green eyes,
And a fuzzy little tail.
It's a bear!
Go through the Jell-o swamp. (Wiggle.)
Swim across the peanut butter river. (Swim arms.)
Go through the candy factory. (Pretend to eat candy.)
Run home. (Run in place.)
Open the door. Shut the door. (Pretend to open and shut a door.)
We went on a bear hunt,
And we weren't afraid! (Put thumbs in chest as if boasting.)

Silly Willy
(Silly Songs CD)

I know a little boy, yeah!
His name is Silly Willy, yeah!
He is so very nice, but,
Oh, he acts so silly.
And so goes his right arm (Begin moving right arm.)
And his right arm goes like so,
And his right arm is always soooo.

And so goes his left arm... (Move left arm.)
And so go his feet... (Dance feet as you move arms.)
And so goes his head... (Move arms, feet, and head.)
And so goes his tongue... (Stick tongue in an out as you move
arms, feet, and head.)

The Wheels on the Bus
(Traditional Tune – Nursery Rhyme CD)

The wheels on the bus (Move hands in circular motion.)
Go round and round,
Round and round,
Round and round.
The wheels on the bus
Go round and round,
All around the town.

Wipers – swish, swish, swish... (Palms up and move back and forth.)
Horn – beep, beep, beep... (Pretend to beep horn.)
Lights – blink, blink, blink... (Open and close fists.)
Doors – open and shut... (Palms together, then spread apart.)
Driver on the bus... "Move on back"... (Stick up thumb.)
Children on the bus – bounce up and down... (Bounce up and down.)

Seasonal Songs

I Like to Come to School

(Tune: "The Farmer in the Dell" – Happy Everything CD)

I like to come to school. (Point to self.)
I like to come to school.
I like to learn and play each day
I like to come to school.
I like to make new friends... (Point to friends.)
I like to read and write... (Pretend to open a book and read it.)
I like to do math... (Hold up fingers as if counting.)
I like to sing and draw... (Pretend to scribble in the air.)

Super Star Chant

(Happy Everything CD)

Echo Chant – Children repeat each line as you clap, march, or slap your thighs.

(School), (School) is the best! (Insert the name of your school.)
(School) is better than all the rest!
We can read and we can write
And our letters are out of sight.
We can count and we can add
And that makes our teacher glad!
We make new friends and follow rules.
Getting along is really cool.
We can learn and we can play
And we prove it everyday!
(School), (School) is the best!
(School) is better than all the rest!
We are super, yes we are.
Look out world, here comes a star.

Gray Squirrel

(Happy Everything CD)

Gray squirrel, gray squirrel, (Hold up hands like paws.)

Swish your bushy tail.

Gray squirrel, gray squirrel,

Swish your bushy tail. (Wiggle bottom.)

Wrinkle up your little nose, (Wrinkle nose.)

Hide a nut between your toes. (Put paws together.)

Gray squirrel, gray squirrel,

Swish your bushy tail.

Climb up in the tallest tree. (Pretend to climb with hands.)

Let your tail blow in the breeze... (Wiggle bottom.)

If you'll be a friend of mine, (Point to self.)

I will be a friend of yours... (Point to a friend.)

Good-Bye Song

It Is Time to Say Good-Bye

(Tune: "She'll Be Coming Round the Mountain" – Silly Songs CD)

Clap your hands. (Clap your hands and stomp one foot.)

Stomp your feet.

It is time to say good-bye to all my friends.

It is time to say good-bye to all my friends.

It is time to say good-bye,

Give a smile and wink your eye. (Smile and then wink your eye.)

It is time to say good-bye to all my friends. (Pretend to wave good-bye.)